# Listening with Your Life

#### Present

- In your present life, what situation is most similar to what the psalmist is facing?
- In your present life, where are you feeling most like what the psalmist is feeling?

#### Past

- In your past, what situation is most similar to what the psalmist is facing?
- In your past, when did you feel what the psalmist is feeling?

#### Others

- Who do you know who faces a situation like that of the psalmist?
- Who do you know who feels something like the psalmist is feeling?

## Community

- What in your church or fellowship reminds you of what is described in the psalm?
- What in your community or nation reminds you of what is described in the psalm?

### World

- Who can you imagine, in another country or another part of society, who might face what the psalmist faces?
- Who can you imagine, in another country or part of society, who might feel what the psalmist feels?

Taken from Gary Neal Hansen, Kneeling with Giants: Learning to Pray with History's Best Teachers, p. 91.